



**Procedure for student-athletes/coaches that are symptomatic or have tested positive for COVID-19**

1. A Student-athlete has signs or symptoms of COVID-19
  - a. Student-athlete must self-quarantine and contact their doctor for further instructions.
  - b. A return-to-play note from a DO or MO must be completed before the student-athlete may return to workouts.
  - c. The related pod will be permitted to continue until results are known of the symptomatic student-athlete.
  - d. All members of the related pod must be extremely vigilant in checking for signs or symptoms multiple times a day.
  
2. A Student-athlete has tested positive for COVID-19
  - a. Student-athlete must self-quarantine for 14 days from the date of the positive test and follow their doctors' orders.
  - b. all members of the related pod must self-quarantine for 14 days from the date of the last exposure and follow their doctors' orders.
  - c. A return-to-play note from a DO or MO must be completed before all student-athletes of the related pod may return to workouts.
  
3. A Coach has signs or symptoms of COVID-19
  - a. The coach must self-quarantine and contact their doctor for further instructions.
  - b. A return-to-play note from a DO or MO must be completed before the coach may return to workouts.
  - c. The related pod will be permitted to continue until results are known of the symptomatic coach.
  - d. All members of the related team/pod must be extremely vigilant in checking for signs or symptoms multiple times a day.
  
4. A coach has tested positive for COVID-19
  - a. The coach must self-quarantine for 14 days from the date of the positive test and follow their doctors' orders.
  - b. If the coach was not directly engaged in a particular pod, and just supervised workouts while maintaining proper social distances and wearing a mask, then the team and pod may continue if other coaches are available.
  - c. If the coach was directly engaged in a particular pod, then all members of the related pod must self-quarantine for 14 days from the date of the last exposure and follow their doctors' orders.
  - d. A return-to-play note from a DO or MO must be completed for all coaches and student-athletes that were forced to quarantine before they may return to workouts.
  
5. Only a Doctor of Osteopathic Medicine (DO) or a Doctor of Medicine (MD) can clear athletes or coaches for summer workouts concerning COVID-19 signs, symptoms, and history.
  
6. It is the responsibility of the testing facility to notify the local agency of a positive test. The local agency will begin the contact tracing procedure.