

**MIDDLE TOWNSHIP SCHOOL DISTRICT
SCHOOL HEALTH SERVICES**

School Health Services are provided to promote health and wellness in our students. Throughout the school year, there are a number of screenings that are done on students including height, weight, vision, hearing, and scoliosis. If you wish to be present at any of the screenings please call 465-1834 ext. 4006, so an appointment can be scheduled with the nurse.

It is no longer required to administer physical exams at school. The State of New Jersey recommends that your child have a complete physical by your family physician one time during each of the following developmental stages: preschool – grade 3, grades 4 – 6, and grades 7 – 12. The district will provide sport physicals for those students in grades 6 – 12 that do not have health insurance. Please notify the nurse's office if you anticipate that your child will be participating in sports and will need to have a physical here at school. All forms required for participation in sports can be downloaded at www.middletp.k12.nj.us/middleschool/athletic-forms/.

Please keep this office informed of any injuries or illnesses that your child may have had during the summer or may have throughout the school year. Also, if he or she has had any recent immunizations, please provide a physician's note as to the type of shot given.

In the event that your child may need medication dispensed during the school day, a physician's written request is mandatory. The School Board policy on distribution of medication at school is included with the Health Services packet.

It is also important to notify the school when your child will be absent. Please call 465-1834 ext. 4050 in the morning to report an absence. A written note should also accompany your child when he/she returns to school.

Any family in need of an application for NJ Family Care Health Insurance may also contact the health office. All calls to this office in order to address concerns about your child or the Health Services that are provided are welcome. I hope you and your child have a happy, healthy, and productive year.

Sincerely,



Lee-Ann Kane, R.N.
School Nurse